## Breakfast Menu February 2023

| Monday January 30 ${ }^{\text {th }}$ | Tuesday January 31 ${ }^{\text {st }}$ | Wednesday February $1^{\text {st }}$ | Thursday February $\mathbf{2}^{\text {nd }}$ | Friday February 3rd |
| :---: | :---: | :---: | :---: | :---: |
| Muffin (1 each) <br> Milk 8 oz = 1 Cup <br> Juice $4 o z=1 / 2$ cup <br> Raisins 1 each | Benefit Bar (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 o z=1 / 2$ Cup <br> Apple 1 each | Cinnamon Round(1 each) <br> Milk 8 oz = 1 Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Pear 1 each | Cereal Bowlpak <br> Milk ( $8 \mathrm{oz=}=1$ cup) <br> Juice ( $40 z=1 / 2$ cup) <br> Banana 1 each | Waffles (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 \mathrm{oz}=1 / 2$ Cup <br> Apple 1 each |
| Monday February $6^{\text {th }}$ | Tuesday February $7^{\text {th }}$ | Wednesday February $8^{\text {th }}$ | Thursday February $9^{\text {th }}$ | Friday February 10th |
| Muffin (1 each) <br> Milk 8 oz = 1 Cup <br> Juice $4 o z=1 / 2$ cup <br> Raisins 1 each | Benefit Bar (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Apple 1 each | Cinnamon Round (1 each) <br> Milk 8 oz = 1 Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Pear 1 each | Cereal Bowlpak <br> Milk (8oz=1 cup) <br> Juice ( $40 z=1 / 2$ cup) <br> Banana 1 each | Mini Cinnis (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 \mathrm{oz}=1 / 2$ Cup <br> Apple 1 each |
| Monday February $\mathbf{1 3}^{\text {th }}$ | Tuesday February 14 ${ }^{\text {th }}$ | Wednesday February $15^{\text {th }}$ | Thursday February 16 ${ }^{\text {th }}$ | Friday February $17^{\text {th }}$ |
| Muffin (1 each) <br> Milk 8 oz = 1 Cup <br> Juice $4 o z=1 / 2$ cup <br> Raisins 1 each | Benefit Bar (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 o z=1 / 2$ Cup <br> Apple 1 each | Cinnamon Round (1 each) <br> Milk 8 oz = 1 Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Pear 1 each | Cereal Bowlpak <br> Milk (8oz=1 cup) <br> Juice ( $40 z=1 / 2$ cup) <br> Banana 1 each | Waffles (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 \mathrm{oz}=1 / 2$ Cup <br> Apple 1 each |
| Monday February $\mathbf{2 0}^{\text {th }}$ | Tuesday February $\mathbf{2 1}^{\text {st }}$ | Wednesday February $\mathbf{2 2}^{\text {nd }}$ | Thursday February $\mathbf{2 3}^{\text {rd }}$ | Friday February $\mathbf{2 4}^{\text {th }}$ |
| Muffin (1 each) <br> Milk 8 oz = 1 Cup <br> Juice $4 \mathrm{oz}=1 / 2$ cup <br> Raisins 1 each | Benefit Bar (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Apple 1 each | Cinnamon Round (1 each) <br> Milk 8 oz = 1 Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Pear 1 each | Cereal Bowlpak <br> Milk (8oz=1 cup) <br> Juice ( $40 z=1 / 2$ cup) <br> Banana 1 each | Mini Cinnis (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 \mathrm{oz}=1 / 2$ Cup <br> Apple 1 each |
| Monday February $\mathbf{2 7}^{\text {th }}$ | Tuesday February $\mathbf{2 8}^{\text {th }}$ | Wednesday March $1^{\text {st }}$ | Thursday March $\mathbf{2}^{\text {nd }}$ | Friday February 3rd |
| Muffin (1 each) <br> Milk 8 oz = 1 Cup <br> Juice $4 \mathrm{oz}=1 / 2$ cup <br> Raisins 1 each | Benefit Bar (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice 4 oz $=1 / 2$ Cup <br> Apple 1 each | Cinnamon Round (1 each) <br> Milk $8 \mathrm{oz}=1 \mathrm{Cup}$ <br> Juice 4 oz $=1 / 2$ Cup <br> Pear 1 each | Cereal Bowlpak <br> Milk (8oz=1 cup) <br> Juice ( $40 z=1 / 2$ cup) <br> Banana 1 each | Waffles (1 each) <br> Milk $8 \mathrm{oz}=1$ Cup <br> Juice $4 \mathrm{oz}=1 / 2$ Cup <br> Apple 1 each |

Note $-1 \%$ and Skim Milk and $100 \%$ Fruit Juice offered daily. Menu subject to change due to product availability.

Milk and Juice offered daily, menus subject to change

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